

## CSP Diagnostic Exam Score Card 2021-3

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## **Evaluator instructions**

Please ensure you read the first full page and the specific information related to Diagnostic 3 of the diagnostic exams evaluator, patient and bystander information.

## **Candidate instructions**

You are walking alone in your city park when you hear barking and noise about 150 metres ahead on the trail. As you approach, you see a small dog on a leash and its owner on the ground. The person is very anxious and wheezing. You notice they are holding their right hand in their lap with their left hand. The right hand is swelling.

## **Patient instructions**

You are on a walk with your small dog (on a leash) in your city park green space. You are wearing a small backpack. Your jacket is inside the backpack and has your EpiPen in the outside right pocket. Your dog has stirred up some angry wasps from a nest in the ground. You run on the trail to get away from the wasps, tripping on the leash from your dog. Falling forward, you land on your right wrist and it bends back further than normal. You also twist your right ankle as you get tangled in the leash. You feel a piercing pain in your right wrist and notice two wasp stings. You are wearing a MedicAlert bracelet for wasp stings. You cannot walk due to pain in your right ankle. Your lips are tingling.

Scene	Did the candidate:	Done
1	Note time of arrival on scene?	
2	Acknowledge potential dangers? (Wasps, and dog.)	
3	Put on gloves?	
4	Determine patient's response? (Conscious and in distress.)	
Approach		
5	Identify self, request permission, caution not to move?	
6	Determine through questioning that there are breathing difficulties?	
7	Check the chief complaint? Ask where does it hurt? (Right wrist and right ankle.)	
8	Determine what happened? (Dog stirred up a wasp ground nest. Ran to get away and fell forward landing on wrist. Twisted right ankle during leash entanglement. Two wasp stings on back of right hand)	
*9	Ask patient if they have an allergy to wasp stings? (Yes.)	
*10	Ask patient if they have an EpiPen with them? ("Yes, one in the outside right pocket of my jacket in the backpack.")	
11	Assist the patient in retrieving the EpiPen from their backpack and administering it?	
12	Apply and assess the need to maintain C-spine control? (Can be ruled out. No pain in neck or back, no numbness, tingling or any loss of movement in any extremity, patient is able to turn head 45 degrees in both directions, and is older than 16 years and younger than 65.)	



Primary		
13	Check the airway? (Open and noisy.)	
14	Check the quality of breathing? (Rapid and weak with audible wheezing.)	
15	Check the quality of circulation? (Fast and strong.)	
	Did the candidate check for injuries at the:	
16	Neck?	
17	Chest?	
18	Abdomen?	
19	Pelvis?	
20	Femurs?	
21	Back?	
22	Were gloves checked after examining each part of the body for signs of bleeding or wetness? (No blood found.)	
Decisions	Did the candidate make the following decisions upon completion of or during the primary assessment:	
*23	Assess this as a load and go? (Anaphylaxis.)	
24	Consider the need for assistance and oxygen?	
*25	Activate EMS?	
Vitals/Info	Did the candidate actually take and record the following vitals:	
26	Time?	
27	Respirations? (28, shallow and wheezing.)	
28	Pulse? (120, strong and regular.)	
29	Pupils? (Normal size, equal, and reactive.)	
30	Skin? (Cool, pale, and clammy.)	
31	LOC? (Alert.)	
32	Blood pressure? (>80, pulse at radial.)	
33	Pain? (Right wrist – sprain and stings 8/10, right ankle 6/10.)	
Secondary	Did the candidate:	
34	Start a secondary assessment and stop when help arrived to ready the patient for transportation? (Assistance will arrive six minutes after calling for it.)	



Patient Care	Did the candidate:	
35	Keep the patient warm?	
36	Handle the patient gently?	
37	Monitor and reassure the patient?	
38	Continually explain what they were doing to the patient?	
39	Take a second set of vitals while waiting for EMS? ( <b>Time</b> ; <b>Resp:</b> 32, shallow and wheezing ; <b>Pulse</b> : 120, strong and regular; <b>Pupils</b> : Normal size, equal, and reactive; <b>Skin</b> : Cool, pale and moist; <b>LOC</b> : Alert to person, place, time and events; <b>Blood pressure</b> : >80, pulse at radial; <b>Pain</b> : Right wrist 8/10, right ankle 6/10.)	
Information	Did the candidate obtain the following information:	
*40	The patient has allergies? (Wasp stings.)	
41	No drugs or alcohol had been consumed today?	
42	A contact name and telephone number for the patient?	
Diagnosis	Did the candidate respond correctly to the following questions posed by the evaluator (to be completed upon completion of the diagnostic):	
*43	What was the patient's problem? (Anaphylaxis from wasp stings. Respiratory distress (wheezing). Sprained right wrist and right ankle.)	
44	What treatment is required? (EpiPen for anaphylaxis. Treat for shock, monitor vitals. Be prepared to assist ventilations or perform A.R. Minimal stabilization of wrist and ankle. Load and go.)	
45	What further actions are recommended for this patient? (EMS, and notes to paramedics/doctors completed, carefully monitor patient. Provide used EpiPen to EMS for transportation with the patient.)	
*46	What further actions, if any, are recommended for this patient specifically since there was no improvement after administering the EpiPen? (There was no improvement in vitals so a second dose of EpiPen should be given five minutes after the first dose.)	
Patient feedback	Did the candidate: (This section to be completed by the patient, in private.)	
47	Treat you with care, especially when handling injured areas?	
48	Instill confidence in you regarding their ability to treat you?	
49	Provide reassurance to you and address any concerns you had?	
50	Explain what they were going to do and then do what they said they would?	
51	Would you like this person to treat you if you really were injured?	
	42 points required for a pass. <b>TOTAL</b>	

All starred (\*) items are required for a pass, otherwise, retest.

\_\_\_\_\_ Signature: \_\_\_\_\_

Patient Name:

Signature:

Date:

Modifications to examinations are not permitted without the written approval of the national vice-president of training and development.