



2023 AFA Written Exam Review

This review is designed to get you into your manual and reviewing some important facts that you will need for this year's written evaluations. Some of the evaluation questions pick up on the topics covered in this year's diagnostic scenario evaluations. This reinforces these key concepts, even if the candidate does not get tested on that specific diagnostic scenario evaluation.

Introduction to First Aid

First Aid Provider Responsibility
Legal Considerations

Anatomy and Physiology

Circulatory system
Musculoskeletal system
Anatomy
Bones: Skeleton

Infectious Diseases and Universal Precautions

Exposure to infectious diseases
Personal concerns
Standard precautions

Patient Assessment

Respiratory rates
Primary assessment
Secondary assessment; vital signs
Airway
Circulation
Skin Condition

Oxygen

Oxygen
Administering oxygen

Basic Life Support

Pulse
Ventilating

Chest Injuries

Open chest injuries
Closed chest injuries
Signs of a chest injury

Rib fractures

Shock and Severe Bleeding

Signs and symptoms
Treatment for external bleeding
Internal bleeding
Types of shock
Treatments for shock

Head Injuries

External head injuries
Jaw fractures
Internal head injuries

Spinal Injuries

Mechanisms of spinal injury
SMR; spinal motion restriction
Signs and Symptoms

Wounds

Types of wounds
Hazards with wounds
Treatment of wounds
Amputations

Dressings, Bandages and Slings

Slings
Bandages

Fractures, Dislocations, and Soft Tissue Injuries

Categories of fractures
Fracture management/treatment

Stabilizing Fractures, Dislocations and Soft Tissue Injuries

Clavicle
Humerus
Pulses

Medical Conditions

Asthma
Asphyxia
Hyperventilation
Stroke
Anaphylaxis
Angina

Environmental Injuries

Hypothermia
HAPE
Frostbite

Poisoning/Problematic Substance Use

Poisoning; handling cases
Insect stings
Signs and symptoms of drug intoxication;

Miscellaneous Treatments

Eye injuries
Critical incident stress

Transporting Patients

Transporting a patient

Glossary

Achilles tendon