**eLearning sessions for new recruits [ \* for modified course]**

**eSession A**

Course Expectations

History and Organization of CSP (1 & 2) \*

Mutual Respect

Occupational Health and Safety

Introduction to First aid

Anatomy and Physiology

Patient Assessment (Overview) \*

Infectious Diseases & Universal precautions

Environmental Injuries – WHMIS 2015

Patient Assessment – Scene Survey \*

Donning and Removal Surgical gloves

**eSession B**

Musculoskeletal System

Nervous System

Respiratory System

Circulatory System

**eSession C**

Patient Assessment – Primary Part A&B \*

Unresponsive and Lower levels of Consciousness – Basic \*

Patient Assessment – Primary Part C \*

Patient Assessment – Transportation decisions \*

Patient Assessment – Vital signs \*

Patient Assessment – Secondary assessment \*

Patient Assessment – Pain management \*

Patient Assessment – Documentation \*

Patient Assessment – Multiple Patient – Triage \*

**eSession D**

Chest Injuries

* Basis
* Closed
* Intermediate
* Open
* Impaled Object

**eSession E**

Shock and Severe Bleeding

* Basic
* External Bleeding
* Internal Bleeding
* Bleeding from specific sites

**eSession F**

Wounds

* Hazards
* General treatment
* Specific treatment

**eSession G**

Dressing, Bandaging, and Slings \*

* Triangular Bandages \*
* Bandage Usage \*
* Open Hand and Foot \*
* Covering Bandage, Open Fracture \*
* Slings \*

Videos

* Tying a Reef knot \*
* Cravat Bandage \*
* Cravat and Broad Bandage \*
* Donut Bandage \*
* Head \*
* Chest \*
* Knee and Elbow \*
* Shoulder \*
* Impaled object \*
* Hand \*
* Large and Small arm sling \*
* Lower arm traction and arm splint \*
* Reduce and Bandage an Open fracture \*
* Stirrup and Modified Stirrup Bandage \*

**eSession H**

Oxygen

* Hypoxia
* Equipment
* Handling equipment and Administration
* Complications

**eSession I**

Head Injuries

* External
* Internal Basic
* Internal Intermediate

**eSession J**

Spinal Injuries

* Immobilize and Log roll \*
* Tie down procedures \*
* Standing takedown spinal immobilization \*
* Other spinal situations \*
* Helmet removal \*

Video

* Backboard with roll \*
* Femur splint on a backboard \*
* Helmet removal \*
* Standing takedown with backboard \*

**eSession K**

Fractures, Dislocations & Soft Tissue Injuries

* Fractures
* Dislocations
* Soft Tissue Injuries

**eSession L**

Immobilizing

* Fractures, Dislocations & Soft Tissue injuries \*
* Clavicle \*
* Scapula \*
* Shoulder Dislocation \*
* Humerus \*
* Lower Arm \*
* Dislocated or fractured Elbow \*
* Fractured Finger \*
* Pelvic Girdle / Hip Fractures \*
* Femur Shaft \*
* Patella \*
* Removing ski boots \*
* Lower leg \*

Video

* Lower leg splint \*
* Bent knee splint \*
* Pelvic fracture stabilization device \*
* Pelvic fracture stabilization bandages \*
* Boot removal \*

**eSession M**

Medical Conditions

* Cardiovascular disease
* Angina
* Heart attack
* Anaphylaxis
* Asphyxia
* Asthma
* Diabetes
* Epilepsy
* Hyperventilation and Syncope
* Stroke
* Autonomic Dysreflexia
* Unresponsiveness & lower levels of consciousness - intermediate

**eSession N**

Environmental Injuries

* Altitude Sickness
* Heat and cold injuries
* Cold exposure injuries
* Localized cold injuries
* Heat exposure injuries
* Burns
* Chemical burns
* Respiratory complications
* Electrical burns
* Electrical injuries
* Sunburn or Ultraviolet light exposure
* Decompression illness

**eSession O**

Poisoning, Drugs & Medication Abuse

* Basic
* Insect stings
* Problematic substance use

**eSession P**

Miscellaneous Treatments

* Eye injuries
* Other eye injuries
* Childbirth
* Mental health emergencies
* Critical Incident Stress \*

**eSession Q**

Pediatric first aid

* Communication with child
* Effective examination

**eSession R**

Persons with disabilities – Basic Assessment \*

**eSession S**

Transporting the Injured

* Manually transporting the injuried
* Transporting by toboggan
* Transporting by stretcher

Video

* Chair carry
* Drag carry
* Fore and Aft carry
* Two handed seat carry
* Three handed seat carry
* Four handed seat carry