

CSP Diagnostic Exam Score Card 2021-1

Candidate: _____ Pass Retest Unsuccessful

Evaluator instructions
Please ensure you read the first full page and the specific information related to Diagnostic 1 of the diagnostic exams evaluator, patient and bystander information.
Candidate instructions
You are at a snowshoe and cross-country area patrolling on snowshoes approx. two km from lodge. An adult on snowshoes has informed you that their adult snowshoe partner is very cold and has sat down on the trail about one km back. They tell you the patient has been sitting there for at least an hour. Another friend who is uninjured has stayed with the patient and was not cold when the person reporting the information left them. The person (Doug) reporting the information to you is also tired and cold and they do not want to go back on the trail but are confident they can make it to the lodge. It is -25C with clear skies. You have your two way radio and inform the lodge you are going to the site and will report in. You also inform them to expect a single snowshoer coming in about 20 minutes.
Patient instructions
You were snowshoeing with two friends on a trail. You told your friends to go ahead as you were getting tired and needed to take a rest. One friend stayed with you. You sat down on the trail and have been there for at least one hour. You do not have pain in any particular area but are very cold all over. You are alert but irrational. Your speech is slurred. You are fatigued and weak with slow shivering on initial approach and stop shivering and become rigid during the secondary assessment. You become unconscious when the candidate examines your head in the secondary examination.

Scene	Did the candidate:	Done
1	Note time of arrival on scene?	
2	Acknowledge potential dangers? (Cold temperature, traffic on trail.)	
3	Put on gloves?	
4	Determine how many people are one scene? (Two.)	
*5	Triage the two people and determine one is uninjured? (Evaluator can play the role of uninjured friend.)	
6	Note the condition of the patient's skin? (Pale and waxy.)	
7	Determine patient's response? (Conscious.)	
8	Gather information from uninjured person about the incident? "We started snow shoeing about three hours ago, for the first hour he was OK but then he started to feel the cold and eventually had to stop and sit down. He was feeling fatigued and weak at the time and was shivering. That's when "Doug" went to get help."	
Approach		
9	Identify self, request permission, caution not to move?	
10	Determine through questioning that there are breathing difficulties? (Breathing is slow and shallow.)	
11	Check the chief complaint? Ask where does it hurt? ("Nowhere in particular, cold all over.")	
12	Determine what happened? (About an hour ago became tired after snowshoeing for one hour and sat down on the trail.)	

13	Apply and assess the need to maintain C-spine control? (Can be ruled out. No pain in neck or back, no numbness, tingling or any loss of movement in any extremity, patient is able to turn head 45 degrees in both directions, and is older than 16 years, and younger than 65 years.)	
Primary		
14	Check the airway? (Open and clear.)	
*15	Check the quality of breathing? (Slow and shallow.)	
*16	Check the quality of circulation? (Weak and slow at radial.)	
*17	Check for disabilities? (Conscious, sluggish, irrational, slurred speech)	
Did the candidate check for injuries at the:		
18	Neck?	
19	Chest?	
20	Abdomen?	
21	Pelvis?	
22	Femurs? (Rigid muscles.)	
23	Back?	
24	Were gloves checked after examining each part of the body for signs of bleeding or wetness? (No blood found.)	
Decisions Did the candidate make the following decisions upon completion of or during the primary assessment:		
*25	Assess this as a load and go? (Weak pulse, slow breathing, irrational, slurred speech.)	
26	Communicate need for assistance, toboggan, warm clothing or blanket, oxygen and snow machine for transportation? (Assistance will arrive when candidate is examining knee area in secondary examination.)	
27	Activate EMS?	
Vitals/Info Did the candidate actually take and record the following vitals:		
28	Time?	
29	Respirations? (eight, shallow, and regular.) Consider artificial respirations due to low rate.	
30	Pulse? (48, weak, and regular at radial.)	
31	Pupils? (Normal size, equal, and reactive)	
32	Skin? (Cold, pale, dry, and waxy.)	
33	LOC? (Alert but irrational.)	
34	Blood pressure? (>80, pulse at radial.)	
35	Pain? (No pain, but feels fatigued.)	
Secondary Did the candidate:		
36	Begin a secondary assessment?	
37	Examine the head thoroughly?	
*38	Notice the patient is now unconscious?	
39	Continue secondary assessment until transportation arrives? (Transportation arrives when candidate is examining knee area. Refer to line 26.)	

Patient Care		Did the candidate:	
40	Administer oxygen?		
*41	Keep the patient warm?		
42	Handle the patient gently with consideration of the patient's condition?		
43	Monitor and reassure the patient?		
44	Continually explain what they were doing to the patient?		
45	Take a second set of vitals while waiting for transportation from the scene, or in the first aid room or clinic while waiting for EMS? (Time ; Resp. eight, shallow, and regular; Pulse : 48, weak and regular; Pupils : Slightly large size, equal, and non reactive; Skin : Cool, pale, dry and waxy; LOC : Unconscious; Blood pressure : >80, present at radial ; Pain : Unable to determine.)		
Information		Did the candidate obtain the following information:	
46	The patient has no allergies?		
47	No drugs or alcohol had been consumed today?		
48	A contact name and telephone number for the patient?		
Diagnosis		Did the candidate respond correctly to the following questions posed by the evaluator (to be completed upon completion of the diagnostic):	
*49	What was the patient's problem and what indicated that to you? (Severe hypothermia – slow, shallow respirations, slow pulse, rigid muscles, initially alert but drowsy, now unconscious, fatigue, skin cold, pupils non reactive.)		
*50	What treatment is required? (Ensure airway, breathing, and circulation are adequate, prevent further heat loss, place insulating material between patient and ground, put a layer of warm clothing on top of the patient, handle patient gently, transport as soon as possible. Place the patient in a semi prone position. No active rewarming, stabilize temperature only. Consider building a shelter of some sort.)		
51	How would you transport this patient? (As soon as possible, kept warm above and below.)		
52	What further actions are recommended for this patient? (EMS, and notes to paramedics/doctors completed, carefully monitor patient.)		
Patient feedback		Did the candidate: (This section to be completed by the patient, in private.)	
53	Treat you with care, especially when handling injured areas?		
54	Instill confidence in you regarding their ability to treat you?		
55	Provide reassurance to you and address any concerns you had?		
56	Explain what they were going to do and then do what they said they would?		
57	Would you like this person to treat you if you really were injured?		
46 points required for a pass.			TOTAL

All starred (*) items are required for a pass, otherwise, retest.

Evaluator Name: _____ Signature: _____

Patient Name: _____ Signature: _____

Date: _____