

C.S.P.S. First Aid Course
Test 10

1. You have noticed that proper safety checks are not conducted regularly on the lifts at the area where you patrol. You should:
 - A. at least check the safety gates yourself when you do morning sweep;
 - B. talk about the problem with season pass holders in the lodge so that they will pressure the ;;management to change;
 - C. talk to your patrol leader who will bring the problem to the attention of area management;
 - D. go to the management representative responsible for the lifts and complain about the situation.

2. Patrol functions performed at a ski area aimed at enforcing safe ski habits are:
 - A. mandated by federal legislation;
 - B. agreed upon by the patrol and area management;
 - C. determined by the Zone President;
 - D. set by national policy.

3. While patrolling, you observe a family preparing to have lunch on a trail. They have chosen a sunny area just below the crest of a hill. You would:
 - A. ski by without saying anything;
 - B. encourage them to move to an open area off the trail;
 - C. ask them to move slightly lower on the trail;
 - D. check if they are consuming alcohol.

4. As you are preparing to make your first run of the day, a young couple approaches you and asks for your help in adjusting their bindings, You would:
 - A. tell them that it is not the responsibility of a patroller, and walk away from them;
 - B. borrow the tools from the patrol shack and make the necessary adjustments;
 - C. direct them to the Patrol Leader;
 - D. refer them to the ski shop to make the proper adjustments.

5. One element of the Alpine Skier's Responsibility Code is:
 - A. never wear a long scarf;
 - B. watch out for skiers approaching from uphill;
 - C. observe all posted signs and trail markers;
 - D. keep ski tips up when riding a chair lift.

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6. Pre-season conditioning should develop your:

- A. cardiovascular system, muscular system, endurance, and nervous system;
- B. cardio-respiratory system, endurance, flexibility, and strength;
- C. muscles, heart, lungs and senses;
- D. flexibility, stamina, senses, and nervous system.

7. When there is an injured skier in the patrol hut, a certain protocol should be observed. One element of the protocol is:

- A. continuing all normal patrol hut activities;
- B. leaving the person completely alone until the ambulance arrives;
- C. whispering around the patient;
- D. allowing the skier to rest quietly.

8. At an accident site you call for help by blowing your whistle three times. You hear an answering patroller blow two blasts on his whistle. You would:

- A. repeat the whistle blasts you gave the first time;
- B. give four whistle blasts;
- C. give two whistle blasts;
- D. know that help is on the way.

9. Four blasts on a whistle means

- A. bring a toboggan;
- B. bring a backboard;
- C. help;
- D. repeat.

10. When skiing with a loaded two man toboggan:

- A. the front man is responsible for choosing the route and skiing method (e.g. snow plough, falling leaf) ;
- B. the front and rear men are equally responsible;
- C. they toss a coin;
- D. the rear man is responsible.